The Runner's Guide to Anna Maria Island

Robinson Preserve

Spend more time outdoors at Robinson Preserve! This beautiful nature preserve has miles of trails adjacent to salt marshes and marine life. While jogging along the trails you may see dolphins swimming along the coastline, manatees, birds, and lots of different fish species. Breeze through mangrove forests while you work on your run time!

📍 1704 99th Street NW
Bradenton, 34209

Learn more about the Robinson Preserve here

🏃 Spoonbill Trail - 2.18 Miles
Osprey Loop - 3.08 Miles
Manatee Overlook - 0.25 miles
Tern Trail - 0.48 miles

Gull Trail - 0.12 miles
Ibis Trail - 0.12 miles
Plover Trail - 0.19 miles

Gulf Beaches

It may be challenging, but jogging along the beautiful shoreline of Anna Maria Island is a good way to build endurance and strengthen your muscles while enjoying one of the most scenic routes around. Runners can lace up their shoes and go for a jog from any beach access on the island. From tip to tip, runners can enjoy a full 7 miles of beaches!

📍 4000 State Road 64 and Gulf Drive
Holmes Beach, FL 34217

🏃 Bean Point to Coquina Beach - 7 miles

Running tip: Start every run with 10 minutes of walking and slow running, and do the same to cool down.
- Runners World

Perico Preserve

Perico Preserve is a beautiful restoration project featuring over 176 acres of coastal wetlands. Runners can expect to see stunning lagoons, shorebirds nesting, gopher tortoise habitats, and more while jogging through the forest hammocks! With over 1.5 miles of trails, visitors are sure to love this scenic pathway!

Learn more about the Perico Preserve here

📍 11700 Manatee Ave W. Bradenton, 34209

🏃 Perico Preserve Trail - 1.5 miles

Running tip: The best way to race to a personal best is to maintain an even pace from start to finish.
- Runners World

Grassy Point Preserve

Grassy Point Preserve is a short trail that is only 1/2 mile in length. The end of the trail opens up to the Grassy Point Bayou. Runners will love jogging through mangrove tunnels along the intracoastal waterway. They may even spot a roseate spoonbill, roosting pelican, or a manatee!

📍 3021 Avenue C Holmes Beach, FL 34217

🏃 Grassy Point Preserve Trail - 1/2 mile

Gulf Drive

Enjoy making your way along the scenic streets of Anna Maria Island! Many parts of Gulf Drive have beautiful views of the Bay and the Gulf of Mexico. This road runs the length of the island, and is approximately 7 miles in length.

📍 Anna Maria Island

🏃 Gulf Drive - 7 Miles

Bayfront Park

The Bayfront Park is the perfect location to start your run from! This park is located right on the Bay near the City Pier. Shaded by beautiful coastal trees, runners will love lacing up their shoes and hitting the pavement here. There are also picnic tables and public restrooms for visitors to use.

> **Learn more about Bayfront Park here**

📍 316 N. Bay Blvd
Anna Maria, FL 34216

🏃 Bayfront Park to N. Shore Dr. - 0.8 Miles

Running tip: Don't injure yourself. If something hurts for two straight days while running, take two days off.
- Runners World

Coquina Beach

Coquina Beach is located on the southern end of Anna Maria Island. There is a sidewalk that runs the length of the beach that people love to jog on! Enjoy the scenic coastal views of the white sandy beaches on the Gulf of Mexico as you run. Visitors to this beach will also have access to the Coquina Beach Cafe and plenty of picnic tables for enjoying lunch beneath the Australian Pines near the beach.

2650 Gulf Dr. S.
Bradenton Beach, FL 34217

Learn more about Coquina Beach here

The length of the sidewalk is approximately 0.68 miles.

Coquina Baywalk

Coquina Baywalk is a remote nature preserve featuring beautiful views of Sarasota Bay. As you wind along the trail, you can stop at the observation decks and watch birds nesting along the shoreline or dolphins swimming in the nearby waters. The trails on Leffis Key are some of the most beautiful ones around. You're sure to love running along this scenic route.

2350 Gulf Dr. S.
Bradenton Beach, FL 34217

Learn more about Coquina Baywalk here

Coquina Baywalk Loop - 0.8 milesl

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